



September 2018 Issue

GOOD LIVING
BEAUTY

A League of Their Own

We all have a good-enough moisturizer and a go-to mascara, but these 31 picks are next-level fantastic. They're the unsung (until now) heroes that hair, makeup, and skin-care pros always reach for, and they deserve premier spots in your bathroom. Upgrade, and enjoy.

TEXT BY MELISSA MILRAD GOLDSTEIN

1. EVERY LASH CURLER
"The Charlotte Tilbury Life-Changing Eyelash Curler is wider than other curlers, making it vastly easier to catch those tiny outer hairs," says Stephen Gilkin, a Los Angeles-based makeup artist. (\$32; shop.tilburycos.com)

2. HAND HERO
"When sun spots set in, it's pigment-bearing retinol to the rescue," says NYC beauty director Melissa Milrad Goldstein. "I was blown away by how quickly—one month—Rescue Me Super Retinol Anti-Aging Hand Treatment faded my brown spots." (\$7 for Beauty Me members, \$50 for non-members; beauty.me.com)

3. SMARTER HAIR CINCHERS
"It's really into the new rose-gold baby pins, bun twists [flower], and hair clips from Kitsch," says Ashley Stretcher, a hairstylist and co-owner of Strike Beauty Hills salon. "The entire line is inexpensive and well-made—and so very chic, too." (from \$5 each; mykitsch.com)

4. OIL FOR ALL
"True Botanicals Clear Pure Radiance Oil is the best pre-makeup skin hydrator for any skin type, but especially for people who tend to break out," says Stacy Deino, a New York-based makeup artist and green-beauty expert. "I keep five lines in stock and one under control. I use it on every client, and on myself." (\$10; truebotanicals.com)

5. MASTER DETANGLER
"Nothing pains me more than watching a client rip through her hair with a comb or regular brush," says Los Angeles-based hairstylist Mark Townsend. "The Wet Brush Natural Light Wood Brush detangles wet or dry hair, starts a few inches from the bottom, and works your way up." (\$13; thewetbrush.com)

6. MASCARA MARVEL
"You can keep your overly dramatic formula," says Melissa Goldstein. "I prefer a wet consistency that combs through and coats every last lash for a full, fluttery effect. For everyday wear, L'Oréal Paris Voluminous Lash Paradise Washable Mascara delivers." (\$10; lorealparisusa.com)

Covered leather travel case, \$19.99; www.cypres.com.

60 SEPTEMBER 2018 PHOTOGRAPHS BY YASU + JUNKO

SKIN SAVERS

IMPROVED EYE CREAM
“When you don’t get eight hours of quality zzz’s, your eyes tell the tale,” says Milrad Goldstein. “The new **Estée Lauder Advanced Night Repair Eye Supercharged Complex Synchronized Recovery** contains restorative algae extracts and dark-circle-eradicating yeast extract—it’s a good night’s sleep in a bottle.”
(\$62, esteeauder.com)



SERIOUS SPF
“**Elta MD UV Clear** is a light, zinc-based sunblock that doesn’t break people out,” says Cybele Fishman, a Manhattan integrative dermatologist. “Plus, the vitamin B3, aka niacinamide, is good for calming down rosacea and lightening sun spots.”
(\$33, eltamd.com)



WINNING WASH
“The blend of olive and rosemary-leaf oils in **DHC Deep Cleansing Oil** easily and effectively removes makeup and impurities, then rinses off quickly, leaving skin hydrated,” says Heidi Waldorf, a cosmetic dermatologist in Nanuet, New York. (\$14, dhc.com)



COLD COMFORT
“When you need to quickly deflate stressed, tired eyes, **Skyn Iceland Hydro Cool Firming Eye Gel Masks** are up to the task,” says Waldorf. (\$15 for 4 pairs, skyniceland.com)



ACE ANTIOXIDANTS
“Each travel-friendly vial of **Isdin Flavo-C Ultraglican Ampoule** has two days’ worth of vitamin C and proteoglycans, which kick-start hyaluronic-acid production for brighter, more moisturized skin,” says Waldorf. (\$102 for 30, isdin.com)



SMOOTH SWEEP
“I’m obsessed with **Ren AHA Smart Renewal Body Serum** with lactic acid, because it exfoliates, hydrates, and nourishes, all in one step,” says Patinkin. (\$42, renskincare.com)

DO-IT-ALL MASK
“**SkinBetter Science Detoxifying Scrub Mask** is a multitasker for busy women,” says Doris Day, a Manhattan dermatologist and author of *Beyond Beautiful* (Center Street, 2016). “It has biodegradable jojoba beads to exfoliate, clay to absorb sebum, and calming ingredients to soothe.” (\$55, skinbetter.com)

OVERNIGHT SENSATION
“**Neova DNA Total Repair** contains enzymes that have been demonstrated to repair DNA mutations caused by UV radiation that lead to skin cancer,” says Elizabeth Hale, a Manhattan dermatologist and cofounder of CompleteSkinMD. “It’s one of the few things we can apply to mitigate and reverse the signs of sun damage.” (\$99, neova.com)

HAIR HELPERS



HEAT SHIELD
“**Leonor Greyl Condition Naturelle** gives fine hair mild, volumizing hold,” says New York City-based hairstylist Peter Butler. “It’s magical for women who need a little lift.” (\$38, leonor-greyl-usa.com)



TEXTURE TAMER
“I recently reignited my love affair with **Bumble and Bumble Brilliantine**,” Butler says. “It disappears into medium to thick strands, leaving shine and slept-in separation behind.” (\$24, bumbleandbumble.com)



ROOT RESCUE
“To cover large patches of hair regrowth or grays, I use **Rita Hazan Root Concealer Touch-Up Spray**,” says Butler. “It’s transfer- and waterproof, and comes in five shades.” (\$25, ritahazan.com)



FAST FIX
“A nickel-size amount of **Virtue Perfect Ending Split End Serum** on damp tresses resurrects hair from the dead and gives amazing shine,” says Townsend. (\$20, virtuelabs.com)



STRAND REVIVER
“**Dove Unscented Dry Shampoo** is a game changer,” says Townsend. “You get oil absorption, volume, and texture, and it won’t fight with your perfume for attention.” (\$5, dove.com)



TIES THAT BIND
“**Sephora Collection clear Snag-Free Hair Elastics** keep ponytails super-tight,” says Townsend. “I double up: The first one secures hair, and the second lifts and holds it in place.” (\$4, sephora.com)